

Rathindra Krishi Vigyan Kendra
Palli Siksha Bhavana (Institute of Agriculture), Visva-Bharati
Sriniketan, P. O. – Sriniketan, Dist. – Birbhum, Pin. – 731236, West Bengal, India

**Report on “POSHAN MAAH” - Capacity Development of Anganwadi Workers and Farm Women on
“Poshan” (Nutrition) on the 17th. September, 2020**

Sponsored by IFFCO

The Rathindra Krishi Vigyan Kendra, Visva-Bharati, Birbhum has organized a well designed Programme on “POSHAN MAAH” - Capacity Development of “Anganwadi” [Integrated Child Development Services (ICDS)] Scheme Workers and Farm Women on “Poshan” (Nutrition) in its Campus Ground on the 17th. September, 2020.

The Programme was organized as per the direction of the Indian Council of Agricultural Research (ICAR) – Agricultural Technology Application Research Institute (ATARI), Kolkata to sensitize the Anganwadi (ICDS) Workers and the Farm Women about the importance of "Poshan" (Nutrition) and also to build their capacities to conceptualize, establish / prepare, operate and sustain models of Nutri-gardens, Nutri-thali for balanced diet, bio-fortified varieties in nutrition and Package of practices of vegetables and horticultural crops through intensive Training Programme.

In this Programme, 20 numbers of “Anganwadi” (ICDS) Scheme Workers and 20 numbers of Practicing Farm Women of different Blocks of Birbhum District were present and they actively participated throughout the Programme.

The Programme was started at 10.00 AM. Prof. Debasish Bhattacharya, Principal, Palli Siksha Bhavana (Institute of Agriculture), Visva-Bharati presided over the Programme. Mr. Partha Sarathi Bhattacharya, State Marketing Manager, Indian Farmers Fertilizer Cooperative (IFFCO) Limited inaugurated the Programme through his Inaugural Speech. He emphasized on the need of Nutrition in everyday life in his lively speech. Prof. D. Bhattacharya and other eminent Personalities present on the occasion handed over a Nutri-Packet containing various different seeds of nutritionally important vegetables to each of the participants for enabling them to establish back yard Nutrition Gardens in their Households.

After the Inaugural Session, the Technical Session mainly focussed 4 aspects viz. (1) Models of Nutri-gardens; (2) Nutri-thali for balanced diet; (3) Role of Bio-fortified varieties in nutrition and (4) Validated Package of practices of vegetables and horticultural crops began at 10.30 AM. Mr. Partha Sarathi Bhattacharya, State Marketing Manager, Indian Farmers Fertilizer Cooperative (IFFCO) Limited gave a very lucid and elaborative speech on Nutri-thali for balanced diet. Dr. Subrata Mandal, Senior Scientist & Head (Officiating), Rathindra KVK, Birbhum elaborated on the various standardized models of Nutri-gardens along with the established and validated Package of practices of vegetables and horticultural crops production. Mr. Debashis Mondal, Marketing Officer, IFFCO, Birbhum District focussed on the role of bio-fortified varieties in nutrition in his respective Technical Session.

The Training Session was followed by an Interaction Session from 1.30 PM to 2.00 PM. The Interactive Session was led by Smt. Tapati Mohanta (Mondal), Supervisor, ICDS, Bolpur, Birbhum. All the speakers interacted with all the participants and answered their questions through lively discussions.

The whole Programme was sponsored by the Indian Farmers Fertilizer Cooperative (IFFCO) Limited.

The “POSHAN MAAH” - Capacity Development of “Anganwadi” [Integrated Child Development Services (ICDS)] Scheme Workers and Farm Women on “Poshan” (Nutrition) was organized by the Rathindra KVK in open i.e. its Campus Ground on 17.09.2020 keeping in view the Pandemic situation caused by the COVID-19 Virus by strictly maintaining all the precautionary measures like social distancing, mask wearing, sanitization of hands etc.



Prof. Debasish Bhattacharaya, Principal, Palli Siksha Bhavana, Visva-Bharati; Smt. Tapati Mohanta (Mondal), Supervisor, ICDS, Bolpur, Birbhum; Mr. Partha Sarathi Bhattacharya, State Marketing Manager, IFFCO and Dr. Subrata Mandal, Senior Scientist and Head (Officiating), Rathindra KVK, Birbhum (Sitting Right to Left respectively) with all the participants



Dr. Subrata Mandal, Senior Scientist and Head (Officiating), Rathindra KVK, Birbhum (Standing with Mike) discussing the procedure to prepare and maintain an Ideal Nutri Garden in Birbhum District



Mr. Partha Sarathi Bhattacharya, State Marketing Manager, IFFCO elaborating the importance of the Poshan Abhiyan Programme and Nutri-thali for balanced diet to the Anganwadi Workers and Farm Women at Rathindra KVK, Birbhumi



Mr. Partha Sarathi Bhattacharya, State Marketing Manager, IFFCO distributing Nutri-Seed Packets to an Anganwadi Worker of Birbhumi District in presence of Prof. Debasish Bhattacharaya, Principal, Palli Siksha Bhavana, Visva-Bharati



Participants present under open sky at the Rathindra KVK Campus Ground for attending the “POSHAN MAAH” - Capacity Development Programme for the Anganwadi Workers and Farm Women on “Poshan” (Nutrition) on the 17th. September, 2020